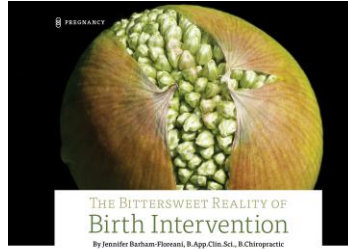


The Bittersweet Reality of Birth Intervention Pregnancy – Jennifer Barham-Floreani, B.App.Clin.Sci., B.Chiropractic Pathways #47, page 48



THE BITTERSWEET REALITY OF Birth Intervention
By Jennifer Barham-Floreani, B.App.Clin.Sci., B.Chiropractic

Every decision we make as a parent is a direct result on the lives of our children, whether we realize it or not. We have the potential to shape the lives of our children in many ways. We have the potential to shape their physical, emotional, and mental well-being. With the escalation of autism, ADHD, allergies and obesity in children, more and more parents are questioning the impact of their choices and questioning how we control our children's health. Parents would do well to consider that the quality of their lives is directly related to the quality of their children's lives.

Most of us are aware that a child's health can be compromised and how they are born. Therefore, the delivery process can be a very important time. It is not just about the physical health of the child, but also about the emotional and mental health of the child. The delivery process can be a very important time for the mother as well. The delivery process can be a very important time for the family as a whole.

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...researchers discovered that genetically modified ingredients all have adverse effects on gut bacteria. One microbe, in our body's microbial balance, is essential to human health because it can break and control the immune system. It is the genetic material of the organisms of this category between the gut and the brain which is known as the gut-brain axis. It is the genetic material of the organisms of this category between the gut and the brain which is known as the gut-brain axis. It is the genetic material of the organisms of this category between the gut and the brain which is known as the gut-brain axis.

With this in mind, the last few years have given us a lot of information about the risks of delivery. Cesarean birth, while it is a safe procedure, it does have risks. Cesarean birth, while it is a safe procedure, it does have risks. Cesarean birth, while it is a safe procedure, it does have risks.

CLIVER OESTRIBICS CAN PROTECT THE LIVES OF WOMEN AND BABIES IN THE EVENT OF AN EMERGENCY.
BUT IF THE BEMERGENCY AUTOMATIC CLASSIFICATION OF ALL LABOR AS AN EMERGENCY STATE IS RECONSIDERING

The State of California's Birth Intervention
The state of California has a long history of birth intervention. It is a state that has a long history of birth intervention. It is a state that has a long history of birth intervention. It is a state that has a long history of birth intervention.

The Spinal Effect of an Epidural
The spinal effect of an epidural is a very important issue. It is a very important issue. It is a very important issue. It is a very important issue. It is a very important issue. It is a very important issue.

Talking Points

“With the escalation of autism, ADHD, allergies and obesity in children, more and more parents are questioning the impact of their choices and questioning our current orthodox health model.” (p. 48) Every decision we make has an impact on our health and the health of our family. What are some decisions that are made during birth that can affect a child’s health?

“Our microbiome, or our body’s microbial balance, is essential to human health because the gut, brain and immune systems work intricately together... It was only relatively recently that we learned that 80% of our immune system is found in the gut. We’ve also discovered that there are as many neurons (nerve cells) in the gut as there are in the spinal cord, and that the gut or digestive tract acts as a completely independent site of neural processing, leading it to now be coined our “second brain.”” (p. 49) New Research has linked imbalances in the gut to “not only obesity, diabetes, inflammatory bowel disease, ulcerative colitis, Crohn’s disease, asthma and allergies, but also a host of mental and emotional disorders.” (p. 49) How does a cesarean birth disrupt the gut balance of the baby? Is there a long-term impact of cesarean births?

When a baby is birthed by cesarean section, the baby isn’t passing through the birth canal and their microbiome isn’t seeded with the protective vaginal bacteria. This may make them more susceptible to viruses, allergies and asthma later in life. The lack of molding of the cranial (skull) bones can also be a complication of cesareans.

Colostrum and breast milk help to further establish the diversity and richness of the microbiome post birth. Breastfeeding can be a challenge post c-section because of the drowsiness the drugs cause, lack of oxytocin and the fact that sometimes a considerable amount of time before babies are placed with their mother. Mothers have also found breastfeeding to be more difficult after receiving an epidural.

Parents “should be aware of the spiraling effects that generally follow once [epidurals or pain-relieving drugs] drugs are administered, not only during the birth but over subsequent weeks and months.” What are some of the things we should be aware of? Epidurals have been linked to longer labors, increased risk of an instrumental delivery (using forceps and vacuum) or cesarean birth. An oxytocin drip is often

used to keep contractions going after an epidural has been administered. There is an increased likelihood of the mother and baby's temperature increasing which increases the risk of intervention during and post birth.

Resources

Full references for each article are available at <http://pathwaystofamilywellness.org/references.html>

Evidence Based Birth believes in putting the evidence back in the hands of the women and families, inspiring them to make more informed decisions about their care. <http://evidencebasedbirth.com/>

“Wolf in Sheep’s Clothing: The potential dangers of epidural anesthesia” by Kelly Brogan, MD <http://pathwaystofamilywellness.org/Pregnancy-Birth/wolf-in-sheeps-clothing-the-potential-dangers-of-epidural-anesthesia.html>

“10 Things I Wish All Pregnant Women Knew About Giving Birth” by Aviva Romm, MD <http://pathwaystofamilywellness.org/Pregnancy-Birth/10-things-i-wish-all-women-knew-about-giving-birth.html>

“Risks of Induced Labor” by Marcy Axness, Ph.D. <http://pathwaystofamilywellness.org/Pregnancy-Birth/risks-of-induced-labor.html>

“New Blood” by Robin Lim, CPM <http://pathwaystofamilywellness.org/The-Outer-Womb/new-blood.html>

“Eyes Wide Open: Are informed mothers and autonomous childbirth the answer to our modern obstetric dilemmas” by Kelli B. Haywood, M.A.T., LCCE, CSBC <http://pathwaystofamilywellness.org/Pregnancy-Birth/eyes-wide-open-are-informed-mothers-and-autonomous-childbirth-the-answer-to-our-modern-obstetric-dilemmas.html>

“The Hard Science of Supporting Low-Tech Birth” by Alice Dreger <http://pathwaystofamilywellness.org/Pregnancy-Birth/the-hard-science-of-supporting-low-tech-birth.html>