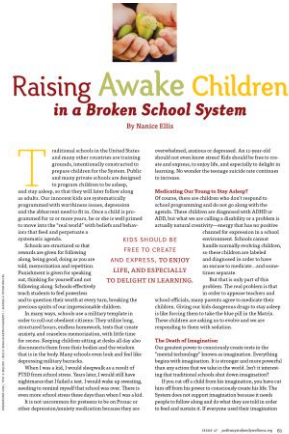


# Raising Awake Children in a Broken School System

Touch the Future – Nanice Ellis  
Pathways #47, page 60



## Talking Points

“Schools are structured so that rewards are given for following along, being good, doing as you are told, memorization and repetition. Punishment is given for speaking out, thinking for yourself and not following along.” (p. 61) Are traditional schools training kids to be asleep? To follow along mindlessly and become obedient citizens of the System? What about the children who don’t respond? Are they the ones being labeled as ADD/ADHD? Are they being medicated and suppressed so they’ll comply?

It’s not uncommon for children to be on depression/anxiety medications due to the stress that children experience from school. Heavy loads of homework, stressful tests, long hours sitting at desks indoors, the pressure to fit in, and the list goes on. Are these types of stress appropriate for children?

Imagination is our biggest power to consciously create. Everything begins with imagination. It’s how kids create their world. The models that the System have in place through traditional schools are shutting down kid’s imaginations. Are we as parents also shutting down our children’s imaginations?

What should we do if our child is in the traditional school system? We can still raise our children how we want to while they are in a traditional school. We are our children’s parent and we hold the power. We shouldn’t let ourselves feel pressured by school authorities on how to parent.

Can we teach our kids how to create their lives based on their highest values rather than how to function in a dysfunctional world? We can teach our children how to: Trust inner guidance, make positive choices, use their imagination, be able to say no and set boundaries, think for themselves, experience inner power, develop intuition, acquire skills for self-learning, gain high self-esteem, express inner confidence, master communication skills, and experience and process emotions in healthy ways.”

We can remember, it’s OK for us to go against the grain.

## Resources

Full references for each article are available at <http://pathwaystofamilywellness.org/references.html>

“Schoolhouse, Rocked” by Peter Gray, Ph.D.

<http://pathwaystofamilywellness.org/Inspirational/schoolhouse-rocked.html>

“Awaken Students! Education is for Self-Awareness and Inner Growth” by Andreas Toupadakis, Ph.D

<http://wakeup-world.com/2015/04/17/awaken-students-education-for-self-awareness-and-growth/>

“After A Decade Of Education, Why Are Our Kids So Uneducated?” by Phillip J. Watt [http://wakeup-](http://wakeup-world.com/2015/08/13/after-a-decade-of-education-why-are-our-kids-so-uneducated/)

[world.com/2015/08/13/after-a-decade-of-education-why-are-our-kids-so-uneducated/](http://wakeup-world.com/2015/08/13/after-a-decade-of-education-why-are-our-kids-so-uneducated/)

“Imagination – Access to the Infinite” by Zen Gardner [http://wakeup-](http://wakeup-world.com/2014/07/11/imagination-access-to-the-infinite/)

[world.com/2014/07/11/imagination-access-to-the-infinite/](http://wakeup-world.com/2014/07/11/imagination-access-to-the-infinite/)

“The Fiction of ADHD and the “Chemical Imbalance” Theory of Mental Illness” by Cortland Pffefer (with

Irwin Osborne) <http://wakeup-world.com/2015/09/06/the-fiction-of-adhd-and-the-chemical-imbalance-theory-of-mental-illness/>