

There Is a Choice

Holistic Healthcare – Cilla Whatcott, H.D., R.HOM., C.C.H.
Pathways #46, page 54



Talking Points

- How many times does a pediatrician suggest it’s time for a child’s vaccines and the parent complies because they have never questioned vaccines before? No one is going to look out for our children like we are, not even their doctors. It’s an overwhelming amount of responsibility, and it’s also empowering, but it’s important to do our own research and not rely on someone’s word when it comes to the health and safety of our children.
- We can start by asking ourselves: what is immunity? It’s an incredible intelligence that helps create balance within our bodies. The mother and child begin as one. Birth is the beginning of differentiation and the mother starts passing down her immunities through enzymes in her milk. “The developing immune system continues to express itself through the maturation of social and intellectual skills in the pursuit of complete sovereignty.” (56)
- Biologically speaking, the immune system has two complementary functions: Th1 and Th2
 - “Th1 is responsible for cell-mediated immunity, a response that does not dispatch antibodies, but instead activates phagocytes, antigen-specific cytotoxic T-lymphocytes, and the release of various cytokines in response to a disease substance. This enables the mounting of a fever in order to eliminate invaders.” (56)
 - “Th2 governs the antibody-mediated response, also called the humoral response (humor is an archaic medical term for body fluid). It identifies pathogens in the lymph fluid or blood and creates an inflammatory response to scavenge the offenders and eliminate them.” (56)
- Nature intended us to have both functions and have them operate in a balanced way. The goal of vaccines is to boost the Th2 response. Vaccines contain chemical adjuvants to facilitate the production of antibodies. “Unfortunately, these two conditions already manifest increased inflammatory responses. Or consider the fact that whatever is contained in the vaccine ingredients will also, in the presence of an adjuvant, be perceived by the body to be a trigger to increase inflammation. So the peanut oil, antibiotics, aluminum, formaldehyde, MSG, and other chemicals that many vaccines contain may also elicit an allergic response when encountered in a

child's environment or diet. Studies have shown us that skewing the Th1 and Th2 responses can compromise general immunity for the sake of specific antibodies." (57) Have you noticed an increase in peanut allergies? Do you believe the two to be related?

- In acute illness we can see the connection between biological health and emotional, social and intellectual maturity. Often times when a little one recovers from something we find that they also make a leap forward in learning a new skill or when they are older they gain a new sense of independence, responsibility or problem-solving skills. Have you noticed this connection in your own kids?
- Some parents find difficulty in making the decision to vaccinate or not. An alternative for vaccinating is homeoprophylaxis. "Homeoprophylaxis is the use of diluted and potentized disease products, called 'nosodes,' to elicit an immune response.... Homeopathic nosodes contain no additives whatsoever. No antibiotics, preservatives, detergents, foreign DNA or unknown viruses are present. The intent of homeoprophylaxis is to educate the immune system in a way that has been clinically shown to reduce the incidence of infectious and chronic disease." (58)
- Homeoprophylaxis works in a way that is similar with nature. It triggers an immune response at the energetic level and plays a role in maturing the immune system.

Resources

Full references for each article are available at <http://pathwaystofamilywellness.org/references.html>

The National Vaccine Information Center (NVIC) provides public education and defends the informed consent ethic in medicine. The NVIC does not advocate for or against the use of vaccines. They support the availability of all preventive health care options, including vaccines, and the right of consumers to make educated, voluntary health care choices. <http://www.nvic.org/>

Ingredients of Vaccines – Fact Sheet: <http://www.cdc.gov/vaccines/vac-gen/additives.htm>

Homeoprophylaxis by Sherri Tenpenny, DO <http://tenpennyimc.com/homeoprophylaxis/>