

The Importance of Being Around
Moment of Truth – Harry H. Harrison Jr.
Pathways #46, page 70



Talking Points

- Rule number one of being a dad: be there. Many dads are spending the majority of their days working to support the family while being away from the ones they love. How can we help dads spend more time with the kids?
- In some homes the kids spend more time watching TV than they do spending time with their dads. How can we change this to more dad and less TV?
- Men need to spend less time in the office and more time with their families. Harrison says, “men who make their families a priority find that they achieve even more. But more important, they’re laying the groundwork for emotionally healthy and stable children.” (70) In some instances father’s aren’t able to spend less time at work however, we can help to manage time and household obligations to allow more time to be spent with dad and as a family. What are some ways to help encourage this?

Resources

Full references for each article are available at <http://pathwaystofamilywellness.org/references.html>

"The Tiny Guide to Being a Great Dad" by Leo Babauta
<http://pathwaystofamilywellness.org/Inspirational/the-tiny-guide-to-being-a-great-dad.html>