

# One Man's Open Letter to All Children

Conscious Path – Randall Amster  
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## Talking Points

Author Randall Amster wrote this letter to children from the adult perspective shortly after the Newtown tragedy in Connecticut but his words still have resonance. People shouldn't wait for a tragedy to fix what is wrong.

- Why does it seem that adults teach children more about the dangers around us rather than the beautiful things our world and people have to offer?
- Amster is apologizing to the children of today for the world we are leaving them. The dangers seem more dangerous and the rules more strict, and there seems to be a lack of community and accessible nature to have quiet moments in. We seem to be too wrapped up in our lives to pay attention to the important issues that need to be addressed together. How can we pause and address these issues? Are there changes we can make in our own communities?
- It's important for children to help us remember what matters most. Loving you, every child in the world, is what matters most. What would happen if we chose to step out of our self-centered universe and began to think about other people's children and how to stop the hurt that is being done to so many of them?
- Everyone and everything is connected. We need nature to survive. How can we teach our children about the interconnectedness of our universe?

## Resources

Full references for each article are available at <http://pathwaystofamilywellness.org/references.html>