

## A Summit for Conscious Choice

Feature – Jeanne Ohm, D.C.

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### Talking Points

- ❖ Jeanne Ohm, D.C. opens with this statement: “Chiropractors have always been a collaborative force in joining professions related to natural healing.” A major premise of chiropractic is that life is intelligent. Many other supporters of natural healing also believe that life is intelligent.
- ❖ We see the essence of chiropractic philosophy and practice as: “There is a connecting intelligence in life, and each human in his or her own special way is a unique and valuable expression of that intelligence.” (8)
- ❖ The ICPA, International Chiropractic Pediatric Association, put on its third Freedom for Family Wellness Summit this past November. This conference aims to bring together practitioners, advocates and family to celebrate the shift to conscious choice. It was filled with 30 inspiring speakers all aiming to reclaim our right to informed, conscious choice.
- ❖ At the conference we had Gregg Braden, Bruce Lipton and Joe Dispenza join together on stage to examine our roles in this global shift.
- ❖ Excerpts from the panel have been transcribed in this article. Below are key questions and points they addressed:
- ❖ Gregg Braden: “We’ve been told that we are separate from our bodies and the world. And the consequence of that thinking is the world that is breaking down right now. So one of the reasons I’m optimistic, and honored to be on this stage, is because all three of us in our own ways are working with leading-edge peer-reviewed science. And this is important. It’s not wishful thinking. It’s not New Age or new-thought rhetoric. This new science is overturning those ideas of separation and telling us that we live in a world where we are deeply connected—to our own bodies, to the world around us, to our past, to one another. And that changes everything and lays the foundation for what we’re going to talk about.” (9)
- ❖ Joe Dispenza: “In an age of information, ignorance is a choice.” (9) Every single model of our paradigm is beginning to collapse, economic, political, religious, education, medical and even the environment. Our selfish way of thinking and acting cannot be sustained much longer.

People are getting the information, waking up and wanting the truth. People want to connect and start communities to share new understandings and create new foundations for growth. It's time to being to apply what we've learned.

- ❖ Gregg Braden: Gregg has done a lot of traveling and has spent time with indigenous people and cultures. A common theme among them is their recognition of the connection between art and science. They know that when they see something beautiful in the world that it has an effect in their bodies. Science is confirming that "when we feel differently about what we are seeing we actually change the chemistry of our bodies." (10) They are able to communicate and teach their young that everything is alive, everything is necessary and everything is sacred. "Can you imagine how different our world would be if we had the opportunity to raise an entire generation with those principles in place?" (10)
- ❖ Bruce Lipton: "The programming children experience, especially in the first seven years, really determines how they're going to behave for the rest of their lives." (10) Children need to know and understand that they are in control of their own health. Their belief system is their only obstacle.
- ❖ A community is able to come together more easily when people understand that they are just more than their physical bodies. People who know this will treat the world differently.
- ❖ Joe Dispenza: Connecting to the larger picture allows us to stop thinking so much about ourselves, how our decisions will affect us, and to start thinking about the greater picture and the betterment of the community, the whole. This is what is going to create true change in the future.
- ❖ Bruce Lipton: Does today's world allow for us to stay conscious and mindful? Are we bombarded with too much information and too many details? How do you stop the thinking and rewrite your subconscious programming?
- ❖ Yes, we have been programmed but what we need to remember is that we have the ability to rewrite the program.
- ❖ Joe Dispenza: You have the ability to reprogram your conscious mind.

## Resources

Full references for each article are available at <http://pathwaystofamilywellness.org/references.html>

Visit the Freedom for Family Wellness website to see what our conference is all about:  
<http://familywellnessfirst.org/>

Bruce Lipton's website: <https://www.brucelipton.com/>

Joe Dispenza's website: <http://www.drjoedispenza.com/>

Gregg Braden's website: <http://www.greggbraden.com/>

“Turning Point: Resilience in a Time of Extremes” by Gregg Braden:

<http://pathwaystofamilywellness.org/Inspirational/turning-point-resilience-in-a-time-of-extremes.html>

“Quantum Consciousness: Our Evolution, Our Salvation” by Ervin Laszlo

<http://pathwaystofamilywellness.org/New-Edge-Science/quantum-consciousness-our-evolution-our-salvation.html>