

## Talking Points & Resources

**Please note:** The page numbers in this section indicate the article location in *Pathways* magazine.

### *The Conscious Breath*

Letter from the Editor – Jeanne Ohm, D.C.  
*Pathways* #44, page 4



### Talking Points

- ❖ Birth is one of our most profound experiences. It’s unpredictable, exciting, life changing. It challenges us in ways we’ll never be able to predict.
- ❖ Midwives, like chiropractors, have a trust in the innate wisdom of the body. They have trust and respect for life’s processes and the respect and strength to follow its guidance.
- ❖ Jeanne Ohm recounts the birth of one of her grandchildren, an unexpected breech birth while delivering at home with the midwife.
- ❖ Dr. Ohm said the birth of her sixth grandchild was one of the most beautiful, emotional, strengthening dances she had ever experienced. It was an experience for all that were present to learn an even deeper respect for both the mother’s and the baby’s innate wisdom.

### Resources

Full references for each article are available at <http://pathwaystofamilywellness.org/references.html>