

### Yield: Kids Crossing the Line

Letter from the Editor – Jeanne Ohm, D.C.

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### Talking Points

- ❖ It seems people have always referred to the youth of their times as “restless, rebellious and challengers to restraint.” Socrates said, “The children now love luxury; they have bad manners, contempt for authority; they show disrespect for elders and love chatter in place of exercise. Children are now tyrants, not the servants of their households. They no longer rise when elders enter the room. They contradict their parents, chatter before company, gobble up dainties at the table, cross their legs, and tyrannize their teachers.” (4)
- ❖ How are children in a public school setting supposed to create and express themselves when they are “forced to remain sedentary, following repetitive left-brain routines, basking under the glow of fluorescent lighting, drinking fluoridated water, snacking on garbage from vending machines and being rewarded with sweets for academic obedience”? (4)
- ❖ How can schools promote themselves as “drug free zones” when they’re pushing for children to be put on medication?
- ❖ This issue of *Pathways* explores “the expert opinions, testimonials, resources and suggestions which can break this epidemic labeling of our kids and lead to true well-being.” (5)

### Resources

Full references for each article are available at <http://pathwaystofamilywellness.org/references.html>

Come celebrate our 10-year anniversary with us November 13<sup>th</sup>-16<sup>th</sup> at the **Freedom for Family Wellness Summit**. This weekend will give the opportunity for our growing community to connect, collaborate and, most important, celebrate the shift to conscious choice. <http://familywellnessfirst.org/>