

Breaking Through ADHD with Chiropractic Care

Chiropractic for Life – Dr. J.G. Moellendorf, D.C., N.D., L.C.P.
Pathways #43, page 36



Talking Points

- ❖ Dr. Moellendorf begins his article with this shocking statistic: “An estimated 3 to 4 million children, and probably even more adults, have been diagnosed with Attention Deficit Hyperactivity Disorder” (36)
- ❖ Even though all of these people are being diagnosed as having ADHD there is no standard definition or standard of treatment. “The psychologist sees it as a mental disorder, the medical doctor looks at a neurochemical imbalance, the neurologist sees it as a brain dysfunction, and the teacher observes a discipline problem. Then they attempt to treat these symptoms from their perspective, never seeing the whole picture.” (36) Each therapy seems to have some limited success in certain areas but they also tend to fail when they are applied universally.
- ❖ “When out of balance, the Brain Reward Cascade does not function properly and symptoms of what Blum calls Reward Deficiency Syndrome, including ADHD, appear.” (36) (Reference article for technical explanation about the Brain Reward Cascade)
- ❖ Chiropractors focus on correcting the vertebral subluxations and their consequent effects on the nervous system. Because of this chiropractic care can be a vital part in improving the lives of those who have ADHD.

Resources

Full references for each article are available at <http://pathwaystofamilywellness.org/references.html>

Research on chiropractic and ADD/ADHD <http://icpa4kids.org/Chiropractic-Research/ADD/ADHD/>

"ADHD: A Patient's Perspective" by Greg Buchanan <http://pathwaystofamilywellness.org/Children-s-Health-Wellness/adhd-a-patients-perspective.html>

Non-Drug Treatment of ADD/ADHD <http://articles.mercola.com/sites/articles/archive/2001/01/07/lendon-smith.aspx>