

## Vaccination

Informed Choice – Suzanne Humphries, M.D.

Pathways #42, page 62



### Talking Points

This article is full of information to help make parents make informed decisions about vaccination. It goes in depth about how the body responds to a vaccine and how the body responds to natural diseases and the immunity you can gain from them.

Because of how dense this article is, I have created an outline of the article itself which highlights the topics it explains (I am not presenting the facts in this outline, the facts and explanations can be found in the article). I highly encourage you to read the full article before choosing this for a Pathways Connect meeting. Something you may consider doing is hosting a vaccine lecture or a series of lectures to better cover the information. In this case, Dr. Humphries' article would be one of many resources you would use. Regardless of your stance and the stance your group takes on vaccination, it is important we make informed choices. Understanding the body's response to vaccination is one step in the right direction.

- ❖ The anti-vaccine movement is not a recent thing, it heated up in the 1800s in the UK around the smallpox vaccine
- ❖ Informed consent before vaccinating, or lack thereof
- ❖ Problems with the science that supports vaccine information
- ❖ Infant immunity and how it works
- ❖ Scarcity of studies comparing never-vaccinated children with partially or fully vaccinated children
- ❖ Vaccines in pregnancy and the lack of studies in this area to justify their "safety"
- ❖ How is there "informed consent" when people are tricked into taking vaccines by misleading or frightening "information"?
- ❖ Parents must learn to effectively care for their children when they come down with common childhood illnesses (this applies to all parents vaccination or not)
- ❖ Natural immunity vs. vaccine "immunity"
- ❖ Lack of education in medical schools about the contents, dangers, effectiveness or necessity of vaccines

- ❖ Lack of knowledge in natural treatment from medical doctors leads them to overreact and fear easily treatable illnesses
- ❖ “Herd immunity”
- ❖ Lack of understanding on how the infant immune system actually develops and why
- ❖ The adverse affects adjuvants (such as aluminum) have on the baby’s immune system
- ❖ Understanding how the infant immune becomes established
- ❖ Anti-inflammatory phenotype
- ❖ The power of breast milk and the role it has in immunity
- ❖ How a vaccine’s inflammatory response in an infant can derail the natural process of the developing immune system
- ❖ The difference between infection and inflammation and how the body reacts
- ❖ The truth of “peer-reviewed literature” and what it’s lacking
- ❖ The public’s fear of childhood diseases that shouldn’t be feared (measles, whooping cough) and how a healthy child can naturally overcome them with the right knowledge
- ❖ Mortality for the common illnesses declined significantly long before the vaccines were created (chart on page 67)
- ❖ Common misconceptions about not vaccinating that are explained:
  - You are putting other people at risk by not vaccinating
  - The non-vaccinated spread disease
  - Deaths from these terrible diseases that once plagued humanity will return to pre-vaccine levels, if we do not keep up the vaccines

## Resources

Full references for each article are available at <http://pathwaystofamilywellness.org/references.html>

Suzanne Humphries on Vaccines - 11 minute YouTube video

<https://www.youtube.com/watch?v=efto1LpWkKw>

The National Vaccine Information Center (NVIC) is dedicated to the prevention of vaccine injuries and deaths through public education and to defending the informed consent ethic in medicine.

<http://www.nvic.org/>

The International Medical Council on Vaccination is an association of medical doctors, registered nurses and other qualified medical professionals whose purpose is to counter the messages asserted by pharmaceutical companies, the government and medical agencies that vaccines are safe, effective and harmless. <http://www.vaccinationcouncil.org/>

Unique information and links to articles showing the hazards of vaccines and the options you have for being healthy and vaccine-free <http://drtenpenny.com/>

Dr. Mercola provides the most up to date natural health information and resources that will most benefit you. This is a link to his article regarding vaccination <http://vaccines.mercola.com/>

Because parents are not given complete information by their doctors, vactruth.com's message and mission is to alert parents to investigate the information for themselves. <http://vactruth.com/>

This documentary tells the rarely heard stories of three families adversely impacted by vaccination. <http://www.greatergoodmovie.org/>

"Opting Out: The Moral Right to Religious and Conscientious-Belief Exemptions to Vaccination" by Barbara Loe Fisher <http://pathwaystofamilywellness.org/Informed-Choice/ opting-out.html>

"How Do Vaccines Work? Immune Mechanisms and Consequences" by Stephen C. Marini, DC, PhD <http://pathwaystofamilywellness.org/Informed-Choice/how-do-vaccines-work-immune-mechanisms-and-consequences.html>

How Do Vaccines Work? by Richard Moskowitz, MD <http://pathwaystofamilywellness.org/Informed-Choice/how-do-vaccines-work.html>

Defending Informed Consent to Vaccination in America by Barbara Loe Fisher <https://pathwaystofamilywellness.org/Informed-Choice/defending-informed-consent-to-vaccination-in-america/All-Pages.html>