Turning Point
Conscious Path – Gregg Braden
Pathways #41, page 8



Talking Points

- ❖ In this uplifting article, Gregg Braden asks us, as global citizens, to acknowledge the "new normal," and adapt to our globalized experience one in which the extremes of the world are impossible to separate from our everyday lives. Braden discusses an adage my mother used to say "the only thing certain is change."
- ❖ Gregg's article reminds me of a quote attributed to Winston Churchill: "A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty." Gregg calls himself an optimist, and sees real reasons for optimism in our times. He recognizes the size of the problems, and the amount of work it will take for us, as humanity, to address them (climate change, economic crises, etc).
- ❖ But these are not the crises that loom the largest. Gregg thinks the largest crisis of our time is a "crisis of thinking." We need to acknowledge the tasks ahead of us. "Our willingness to think differently about ourselves and the world will be the key to the success of our journey."
- Luckily, being the optimist that he is, Gregg tells us that, "Fortunately for us, the technology to solve the biggest challenges we face has already been discovered. The biggest problems we could ever imagine are already solved."

Do you agree? Can we agree on the fundamental problems of our times? Here's a challenging questions – can a pessimist become an optimist (I am a pessimist by nature—I definitely am the one that finds difficulty in every opportunity)?

Resources

Full references for each article are available at http://pathwaystofamilywellness.org/references.html

Do you learn better through watching than reading? Watch Gregg Braden discuss the premise of this article at http://www.youtube.com/watch?v=dVP5l3ySotw&t=13