



According to Dr. Andrew Weil, the foods you should always buy organic - <http://www.drweil.com/drw/u/ART02985/Foods-You-Should-Always-Buy-Organic.html> and the ones that you don't - <http://www.drweil.com/drw/u/ART02984/Foods-You-Dont-Have-to-Buy-Organic.html>

What is reverse osmosis? <http://science.howstuffworks.com/reverse-osmosis1.htm>

Why avoid BPA? <http://www.mayoclinic.org/healthy-living/nutrition-and-healthy-eating/expert-answers/bpa/faq-20058331>

Some recipes for natural, non-toxic cleaning - <http://healthychild.org/easy-steps/green-spring-cleaning-9-diy-recipes-for-natural-cleaners/>