

Talking Points & Resources

Please note: The page numbers in this section indicate the article location in *Pathways* magazine.



FEATURE

One Conscious Path in Parenting

By Jeanne Ohm, D.C.

Pathways #39, page 7

Talking Points

- ❖ Pathways Executive Editor, Jeanne Ohm, uses her experiences at the 2010 Summit to examine FREEDOM and EDUCATION, and their relationship to chiropractic care and philosophy. She shares her life experiences that shaped her world-view, and brought her full-circle into the holistic mind-frame of the chiropractic philosophy of Above-Down, Inside-Out.
- ❖ Dr. Ohm examines and explains her own metaphor for parenting (and an overall world-view) – “Don’t leash the puppy.” As a metaphor for parenting, she explains,

When our inherent, higher nature of trust and love is replaced with our learned behaviors of doubt and fear, we leash, we control, we try to contain. From that moment on, we struggle to keep our children at our sides, obedient to our limiting perspectives. And then, acting in perfect accordance to who they are and their purpose here, they tug at the leash, they squirm under the grip, they break away in seeming defiance. Why? To accomplish the very thing they are here for...to find their own unique, intelligent expression in life. The binding leash we impose instinctively creates constraint and limitation. If we think of the simple physics behind the leash, we can see that the intelligence behind the force, behind the potential, does not want to be restrained. (11)

- ❖ The Ohms discovered their functioning premise in the Above-Down, Inside-Out philosophy, and apply it in all aspects of life. As parents, we can develop or realize that premise in our own families. We may start from a place of reason, fear, confusion, judgment or resistance. From here, Jeanne encourages us to be still, to “go to the place mind meets heart and reconnect with our own core values and beliefs. From this place, the place of our highest knowing, we as parents will find our wisest source of guidance and make the best decisions for our families.”(12) Jeanne sets us up for discussion of releasing fear (see “Fear or Freedom”), parenting with freedom (see “Parenting as the Practice of Freedom”) and reconnecting and trusting our intuition (see “Learning to Trust our Intuition.”

Resources

[Explanation of ADOI, attributed to B.J. Palmer](#)

Hear David Bohm discuss [“The Implicate Order”](#)