FAMILY LIVING
Animal Chiropractic
By Austin Komerek, D.C.
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Talking Points

❖ Pets are, indeed, part of our families, and Austin Komerek explains the importance of pet health for the entire family. Komerek writes this article to help pet owners, who recognize chiropractic as proactive human health care, to understand it also as proactive pet health care.

❖ Addressing the main premise of the chiropractic approach, Komerek reminds us that our pets are more than a machine made up of parts. Therefore, like humans, the animal's body has the innate intelligence to function and heal on its own. As with humans, "dynamic movement of the entire spinal column is key to the overall health and vitality of all vertebrates, your pets included." (42)

❖ "An adjustment is like a functional reboot to the central nervous system of the animal, bringing it back to a base level of function. When the spine is free of subluxation, the animal's nervous system can do its job more efficiently to maintain communication, coordination and control of the body." (43)

❖ Proactive chiropractic care for your pet would be ideal. If this isn't possible, you can tell if your pet needs an adjustment if they exhibit any of these qualities:
  o Pain or irritation while being petted or lifted
  o Reluctance or difficulty jumping or using stairs
  o Difficulty getting up or lying down
  o Negative changes in attitude or behavior
  o Apparent lameness or change in gait
  o Changes in athletic performance

  ❖ "In my opinion, taking steps to ensure your animal's well-being is simply part of good pet ownership. My hope is that more people will consider adding animal chiropractic care to the list of things they do to keep their pets healthy. Our pets are worth it!" (43)

Resources

Interested in finding a Chiropractic Vet in your area? International Veterinary Chiropractic Association, or American Veterinary Chiropractic Association.

Watch Dr. Komerek at work - http://www.youtube.com/watch?v=ZgXUJJBqHFg